

## Baby Blessing Ceremony And Elements



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Most ceremonies follow a certain order and use of elements  
(just like a wedding ceremony)

They are:

- Greeting
- Invocation/prayer, or if non-religious an opening poem
  - Charge to the parents
    - Parental promise
  - Charge to Responsibility & Vows of Godparents
  - Declaration of baby's name and its significance
- \*\*The Blessing\*\* choice of Water, Oil, or Rose ceremony
  - Candle lighting or other element such as poem etc..
  - Closing prayer or blessing

You can add or subtract any element that you want. There are no rules. The ceremony should reflect your wishes and I am happy to help create it with you.

Ceremonies may include Grandparents, siblings or other special people. We can include your favorite readings, poems or spiritual traditions.

## Oil / Water Blessing



Blessing with oil or water ~ You may add rose petals to the water if you like.

All wording can be changed to fit your desires. You may use water/oil or just lightly touch baby on areas as you speak your wishes/blessings for him/her.

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### **The Blessing of the Child**

*(As I will address your new baby I will use the blessed water/oil on the top of her/his head, her/his forehead, her/his heart, both her/his hands and both her/his feet)*

**Officiant** rubs the blessed water on the top of her/his head and says:

You are connected, protected, loved, and blessed.

**Officiant** rubs the blessed water on her/his forehead and says:

All your senses are blessed, protected, and awakened.

**Officiant** rubs the blessed water over her heart and says:

Your heart is blessed so that you may feel compassion for yourself and others.

**Officiant** rubs the blessed water on both her/his hands and says:

Your hands are blessed so that you may reach out to the world.

**Officiant** rubs the blessed water on both her/his feet and says:

Your feet are blessed so that you may connect with the earth, be grounded, and stand your ground in this world. Know that your spirit is strong and it will guide you through this life.. Know that you are deeply loved and that your presence brings overwhelming joy.

# Water Blessing



**Officiant:**

Water has long been considered by many as the source of life.... Water is in and around all of us, and is also a symbol of the human spirit--- always in motion, never ceasing, only taking new forms.....

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Every element needs water to grow and thrive, to even survive. The trees and flowers, the fish and the birds, and all of us..... Water nourishes us, cleanses us, comforts us, and renews us.

So.....Because we believe and know in our hearts that baby's name made his way onto this earth as a pure, innocent, and perfect soul, this ceremony is not intended to cleanse him from sin. It is instead to celebrate his life, and to signify our intentions to nourish his heart, his mind, his body, and his spirit.... to allow his life to flow in the direction he chooses each day, with the love and guidance of family and friends to help him find his way.

Our wish for you is that the love that surrounds you today will wash over you like rain every day of your life, just as this water rains on you now...

*(Officiant sprinkles water over the child's head)*

**Officiant:** The love of your parents,

*(Officiant sprinkles water over the child's head)*

**Officiant:** The love of your brother, \_\_\_\_ (add if they have sibling)

*(Officiant sprinkles water over the child's head)*

**Officiant:** and the love of all your family, friends, and loved ones, whether near or far,

*(Officiant sprinkles water over the child's head)*

**Officiant:** may love be all you know from this day forward.”

You may prefer no hands on blessing, just a simple ceremony of prayers, poems and readings.

Perhaps you would like to end it with a butterfly release.

## Rose Blessing



**Blessing with white, yellow, pink, and red rose petals.**

All wording can be changed to fit your desires. If you prefer rose petals can be sprinkled by parents or officiant (or whomever you choose)-or choose no rose petals- just incorporate the wording read by parents, officiant or family/friends as wishes for the baby.

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**Officiant:**

Friends and Family of (Baby). (Parents of the Baby) have invited us to come together today to take part in a ceremony to recognize, honor and welcome their baby into their family unit, and into the wider family of their relatives and friends.

The birth of their baby has brought great joy and happiness into their lives. (parents) are also aware that along with this joy and happiness comes the responsibility of this child's life and happiness. From now on, much of their life will involve caring for their baby, guiding him/ her development, nurturing him/her growth as a responsible human being.

Your presence at this celebration today is greatly appreciated. All of you are the most important, and have been the most influential people in their lives. For all of you are amongst the greatest gifts that life has given them. All of you are those that they can call family and friend. And because of this you have not only been invited here to share their happiness and their joy. (Parents of the Baby) also ask you to share their responsibility, realizing that the more love this child receives, the more he/she will be able to give love to other. The more people make up her/his world, the richer his/her world will be.

*(First person showers the baby with white rose petals)*

**Officiant:**

As the petals of the white rose symbolize innocence, may (Baby's) ideals and heart remain untarnished and ever pure, with the wonders of childhood innocence forever hers.

*(Second person showers the baby with yellow rose petals)*

**Officiant:**

May the petals of the yellow rose foreshadow the friends and the friendships, steadfast and unwavering, that will bless her in the years ahead.

*(Third person showers the baby with pink rose petals)*

**Officiant:**

The pink rose and her petals speak of the tender love and compassion her spirit will know. The love that knows no bounds.

*(Fourth person showers the baby with red rose petals)*

**Officiant:**

And as always, may the passion of the red rose forever kindle the fire in her heart for both life itself and for all the passions she will find there.

**Baby's Mother:**

May you know blessings in your life that your father and I have had in ours.

Baby's Father:

Friends and family, please welcome our daughter (Baby)

**Parents:**

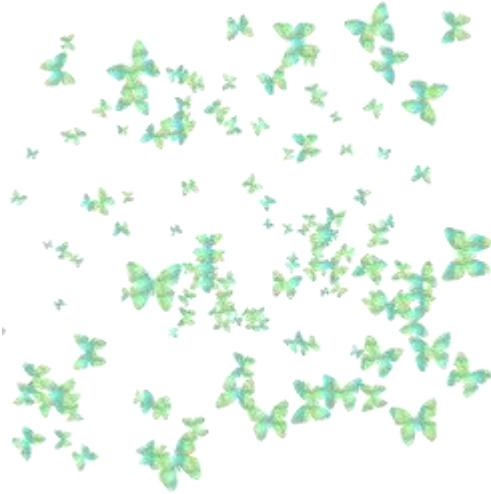
To this child, as to all children, we make these pledges - We will recognize your worth as a person, and help you to strengthen your sense of belonging to the human family.

We will give you our love so that you may grow with trust in yourself and in other people.

We will respect your right to be yourself and at the same time help you to understand the rights of others.

We will encourage you always to search for the truth. We will give you the opportunity to develop your own understanding of life, and a respect for all living beings

## Butterfly Release



Butterfly Release element of a Baby Blessing or Baby Welcoming.

All wording can be changed to fit your wishes.

Wording for butterfly release:

### **Officiant:**

I congratulate \_\_\_ and \_\_\_ on the birth of \_\_\_\_\_ and the guardians on their willingness to share with them the care and concern for the welfare of \_\_\_\_\_.

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In a moment we will release butterflies as a symbolic gesture of Joy and Happiness to \_\_\_\_\_.

According to an American Indian Legend, if anyone desires a wish to come true they must first capture a butterfly and whisper that wish to it. By making a wish and giving the butterfly its freedom, the wish will be taken to the heavens and be granted.

As we release these butterflies, whisper your wish for \_\_\_\_\_, and that the butterfly will carry your wish to the Heavens – from where all blessings flow..

~Release butterflies~  
~End of ceremony~

